

Parent Guide

ACTIVITY: FISH AND BIRDS

What you Need:

Towel (blue, if possible) and colored (balled up) socks

What you Do:

Before the Activity: Lay the towel on the floor in the center of a room. Have your child stand at one end of the towel while you stand at the other.

Before the Activity: Toss the socks onto the center of the towel. Explain that when the towel is on the floor, the socks are like fish, swimming in the water. Encourage your child to bend down and grab the towel with both hands, then stand up. You and your child will pop the towel so that the socks fly in the air like birds! Then have them lay the towel down flat again as the water holding the fish. Repeat as time and interest allow.

What you Say:

Before the Activity: "Come stand at the end of this towel. I'll stand on this side. What did God make that swims in the water? (Pause.) Yes, fish! Let's add some fish to this towel. (Put the socks onto the center of the towel.) God made all the fish in the sea on day five!"

During the Activity: "But that's not ALL God made on day five. God made birds on day five, too! Carefully bend down and grab the towel with both hands. I will count down from three, then I want you to stand up and pop the towel to make these socks fly like birds. Ready? Three, two, one! Pop! Look at those birds fly."

After the Activity: "God made all the fish and all the birds on day five. Isn't that the coolest? Say, 'Yay, God!' (Pause.) God made everything! Who made everything? God made everything."

Bible Story

Birds and Fish
(Genesis 1:20-21)

Remember This

"God saw everything he had made.
And it was very good."

Genesis 1:31, NIV

Say This

Who made everything?
God made everything.

Prayer

"God, thank You for making beautiful fish that swim and colorful birds that fly. God, You made everything, and it is so good! Thank You, God!"